## CLAIMS

1. An external patch comprising a backing and a pressure-sensitive adhesive layer, wherein the pressure-sensitive adhesive layer is made of an acrylic pressure-sensitive adhesive containing, as an essential ingredient, 0.01 to 1% by weight of an isocyanate-based crosslinking agent and contains 0.5 to 10% by weight of a female hormone as an active ingredient.

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- The external patch according to claim 1, wherein the
   female hormone is estradiol and/or its derivative, or norethisterone and/or its derivative.
  - 3. An external patch comprising a backing and a pressure-sensitive adhesive layer, wherein the pressure-sensitive adhesive layer is made of an acrylic pressure-sensitive adhesive containing, as an essential ingredient, 0.01 to 1% by weight of an isocyanate-based crosslinking agent and contains 0.5 to 10% by weight of estradiol and/or its derivative as an active ingredient, 0.1 to 10% by weight of crotamiton, and 0.1 to 10% by weight of oleic acid.
- 4. An external patch comprising a backing and a pressuresensitive adhesive layer, wherein the pressure-sensitive adhesive
  layer is made of an acrylic pressure-sensitive adhesive containing,
  as an essential ingredient, 0.01 to 1% by weight of an isocyanatebased crosslinking agent and contains 1 to 30% by weight of
  isopropyl myristate as a distribution coefficient control agent and
  0.5 to 10% by weight of norethisterone and/or its derivative as an
  active ingredient.
  - 5. The external patch according to any one of claims 1 to 4, wherein the backing is a laminate structure comprising a polyethylene terephthalate film having a thickness of 0.1 to 10  $\mu$ m

and a flexible polymer film, a non-woven fabric, or a woven fabric having a thickness of 1 to 200  $\mu m\,.$